HARROW
INTERNATIONAL
SCHOOL



Sign up for Dining at Harrow

The Harrow Table | Dining Service

We are delighted to announce that the award-winning Leela's Lunches will be the Dining Service partner for 'The Harrow Table'.

About Leela's lunches.
Leela's lunches bring a distinctive approach to school dining, combining nutritional expertise, culinary craftsmanship and a deep understanding of children's wellbeing.

Guided by a clear food philosophy, menus are thoughtfully curated to maximise nutrient density, celebrate diverse cuisines and encourage pupils to develop a lifelong appreciation of wholesome food.

Meals are freshly prepared each day using carefully selected ingredients, ensuring exceptional quality, flavour and freshness.
Portion sizes are aligned with recognised paediatric nutrition standards and local authority requirements, supporting healthy growth, focus and sustained energy throughout the school day. Environmental responsibility remains a key priority, with sustainable practices and eco-conscious packaging incorporated throughout the dining programme.

A robust allergen-management system enables Leela's lunches to safely accommodate a wide range of dietary requirements, ensuring an inclusive dining experience for every pupil.

From Wednesday, 1st July, you will be able to register for The Harrow Table on the Spare app. Here's how to set up your account:

Download the app

Search for "**Spare**" on **App Store or Google Play**, or scan the **QR code.**

iOS

Google Play

Spare

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Create Account:

- Open the Spare app on your device
- Go through the screens introducing the app
- Tap on Get Started to create a new account
- Enter your mobile number (registered with the school) & verify it using the OTP received
- Enter your name and email address

For future logins, simply enter your mobile number and the OTP received. You can also avoid this by staying logged in at all times.

If your children are not showing up in the app automatically, it is because the number you used to register the account doesn't match the one in the school's system. Please contact us (harrow@leelaslunches.com) for the steps to manually add your child to your account, should this be required.

Children in Pre Prep (FS1 to Year 2):

Parents need to sign their child up for the daily in-class meal plan. The meal plan is subscribed to on a termly basis. You can highlight any food allergies your child may have during this signup process.
Once you make the corresponding payment on the portal, your child will be automatically enrolled to receive in-class meals.

Subscription service:

- Tap the ‘School’ icon on the bottom right of the home screen
- Select ‘Online Store’ & select the child's name
- Select ‘Meal Plans’ followed by the relevant term’s meal subscription
- Agree to the Terms & Conditions and select any relevant Allergies (if applicable)
- Click ‘Add to Cart’
- Click ’View Cart’ & proceed to Checkout

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Children in Year 3 and above:

Children in Year 3 and above will be served their food in the Shepherd Hall. Parents will need to sign their child up for the Dining Service meal plan.The meal plan is subscribed to on a termly basis.You can highlight any food allergies your child may have during this signup process.

Once you make the corresponding payment on the portal, your child will be automatically enrolled to receive the Dining Service.

Dining service:

- Tap the ‘School’ icon on the bottom right of the home screen
- Select ‘Online Store’ & select the child's name
- Inside the Dining Fees Section, select the relevant terms ‘Dining Fees’
- Agree to the Terms & Conditions
- Click ‘Add to Cart’
- Click ’View Cart’ & proceed to Checkout